

This summer has presented the schools in RESA 4 an unexpected challenge; five of the six counties in RESA 4 were impacted by the flooding on June 23rd. I have observed many people give of their time, money and love for a neighbor within their community. Administrators, educators, board members and community people have all done a wonderful job of working together to make sure students could get back to a normal setting. In fact, all schools started the first day of school on time.

A fellow educator shared an article that contained advice from an 80 year-old man. It was titled *Be Motivated, Be Inspired*. Below are the 50 pieces of advice he lived by. Number 15 jumped out at me regarding the flooding that took place. **Never deprive someone of hope; it might be all they have.** Many have lost everything and yet hope was provided by so many unsung heroes. I saw love and help from numerous people from West Virginia as well as the numerous volunteers from other states. Please keep these counties in your hearts and prayers as this school year will provide more challenges. RESA 4 is currently working with the Save the Children organization to provide students with coats as we move toward the winter weather. We appreciate Save the Children for their support. We will continue to work with other non-profit organizations to provide adults the same care that we give our children.

Thanks again to all those who have provided hope and for your continued support of the students in West Virginia.

Dave Warvel



September
2016

Be Motivated, Be Inspired

1. Have a firm handshake.
2. Look people in the eye.
3. Sing in the shower.
4. Own a great stereo system.
5. If in a fight, hit first and hit hard.
6. Keep secrets.
7. Never give up on anybody. Miracles happen every day.
8. Always accept an outstretched hand.
9. Be brave. Even if you're not, pretend to be. No one can tell the difference.
10. Whistle.
11. Avoid sarcastic remarks.
12. Choose your life's mate carefully. From this one decision will come 90% of all your happiness and misery.
13. Make it a habit to do nice things for people who will never find out.
14. Lend only those books you never care to see again.
15. **Never deprive someone of hope; it might be all they have.**
16. When playing games with children, let them win.
17. Give people a second chance, but not a third.
18. Be romantic.
19. Become the most positive and enthusiastic person you know.
20. Loosen up. Relax. Except for rare life-and-death matters, nothing is as important as it first seems.
21. Don't allow the phone to interrupt important moments. It's there for our convenience, not the caller's.
22. Be a good loser.
23. Be a good winner.
24. Think twice before burdening a friend with a secret.
25. When someone hugs you, let them be the first to let go.
26. Be modest. A lot was accomplished before you were born.
27. Keep it simple.
28. Beware of the person who has nothing to lose.
29. Don't burn bridges. You'll be surprised how many times you have to cross the same river.
30. Live your life so that your epitaph could read: *No regrets.*
31. When you look back on life, you'll regret the things you didn't do more than the ones you did.
32. Never waste an opportunity to tell someone you love them.
33. Remember no one makes it alone. Have a grateful heart and be quick to acknowledge those who helped you.
34. Take charge of your attitude. Don't let someone else choose it for you.
35. Visit friends and relatives when they are in the hospital; you only need to stay a few minutes.
36. Begin each day with some of your favorite music.
37. Once in a while, take the scenic route.
38. Send a lot of Valentine cards. Sign them, 'Someone who thinks you're terrific.'
39. Answer the phone with enthusiasm and energy in your voice.
40. Keep a notepad and pencil on your bedside table. Million-dollar ideas sometimes strike at 3 a.m.
41. Show respect for everyone who works for a living, regardless of how trivial their job.
42. Send your loved ones flowers. Think of a reason later.
43. Make someone's day by paying the toll for the person in the car behind you.
44. Become someone's hero.
45. Marry only for love.
46. Count your blessings.
47. Compliment the meal when you're a guest in someone's home.
48. Wave at the children on a school bus.
49. Remember that 80% of the success in any job is based on your ability to deal with people.
50. Don't expect life to be fair.

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RESA 4 Professional Learning



Webster County 2016 Teacher Academies Held on August 4th and 5th

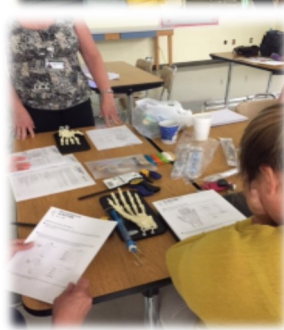
RESA 4 staff facilitated a book study during the 2016 Teacher Academies held on August 4th and 5th at Camp Caesar. Teachers who attended examined Eric Jensen's book, *Poor Students, Rich Teaching: Mindsets for Change*. Through teamwork and a variety of activities, teachers gained a deep understanding of strategies and made plans for incorporating them into their own teaching.



Braxton County Summer Academy

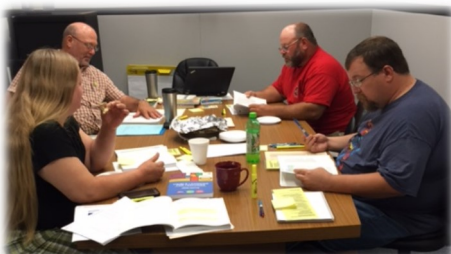
Braxton County Middle School teachers explored Orthopaedics in Action kits developed by the Perry Initiative. Funding for the instructional materials and lessons was provided through a West Virginia Department of Education and Arts and the Governor's STEM Initiative grant awarded to RESA 4. The kits are housed at RESA 4 and available to teachers upon request.

Orthopaedics In Action (OIA) features five stand-alone 45-60 minute lessons appropriate for Grades 7 through 12. OIA maps to Next Generation Science Standards and covers multiple Disciplinary Core Ideas as well as Science and Engineering Practices. Available modules are Anatomy of a Knee Injury, Repair That Tear, Get a Grip and Scoliosis Diagnosis.



WCHS Math Book Study

Webster County High School mathematics teachers met in July to begin a book study of *Mathematical Mindsets* written by Jo Boaler. Teachers will continue their study and collaborative discussions during the school year.



RESA 4 Professional Learning continued

New Standards Roll-Out

Teachers and administrators representing all RESA 4 counties engaged in professional learning targeting the roll-out of the West Virginia College and Career Readiness Standards. Sessions presented by West Virginia Department of Education staff allowed participants to become familiar with the new standards as well as receive information to share with colleagues.



Little Birch Summer Academy

Little Birch Elementary teachers worked collaboratively to deepen their understanding of West Virginia College and Career Readiness Standards. The faculty also engaged in professional learning targeting co-teaching strategies.



Principals' Regional Institute Series

RESA 4 principals and county administrators participated in the first session of the Principals' Regional Institute. During this session attendees heard Dr. John Draper discuss the challenges faced by educators and provide strategies for facing them. Howard Seuffer of the Bowles-Rice law firm shared information about recent changes in law that will affect school systems. Four more sessions are tentatively scheduled for September 29, October 27, January 26 and February 23. Sessions are open to any principal or school administrator.



Upcoming Professional Learning Opportunities

Dealing with Students with Difficult Behaviors with Dr. Robert Marino: September 26, 2016 at the Days Inn Conference Center in Flatwoods, WV. The first 50 participants may register online at https://www.surveymonkey.com/r/RESA4_9262016

Principal's Regional Institute: September 29, 2016 - October 27, 2016 - January 26, 2017 - February 23, 2017
Principals and county administrators are invited to attend any, or all, of the above sessions.

Youth Mental Health First Aid: November 8, 2016 and January 21, 2017. Secondary school personnel are invited to attend either one of these sessions to explore an action plan designed to assist staff in helping students with mental health issues.



I'm a School Principal What is YOUR Superpower?

RESA 4 will provide four Regional Principals' Institutes during the 2016 - 2017 school year.

- September 29, 2016
- October 27, 2016
- January 26, 2017
- February 23, 2017

The first institute focuses on a deeper understanding of Learning Schools with whole group speakers during the morning session. The morning session will include a history of the Learning Schools Initiative and Understanding Policy 5500 and Professional Learning. The afternoon table rotations include building structures of collaboration, Standards Assessment Inventory experiences, technology, SAT process, and policy updates. Table leaders will be educators from the field who have expertise in the specified area.

Use the link below to register - time and location are provided.

https://www.surveymonkey.com/r/PRI_9292016

WVCP credit will be offered.

Fayette County Schools Undertake Schoolwide PBIS

The West Virginia Department of Education Office of Special Education and the West Virginia Autism Training Center at Marshall University are collaborating with Regional Education Service Agency 4 (RESA) and Fayette County Schools to implement Positive Behavioral Interventions and Supports. In July, Fayette County's dedicated principals and teachers came together to take a proactive systems approach for creating and maintaining a safe and positive school environment. Under the guidance of PBIS Coordinator Amy Kelley, MU Autism Center Assistant Director Dr. Jim Harris, RESA 4 Special Education Director Dr. Sarah Lee and Gia Deasy, Marion County Special Education Director, the teams created the framework for providing Tier 1 Behavioral Supports. Fayette County students returned to schools able to provide equitable learning environments for all students.



RESA 4 Now Offers Thinking Maps for Schools

Three RESA staff are now certified to provide training and follow up to schools choosing to implement thinking maps. These maps are comprised of eight visual patterns designed for students to use in order to learn and retain information through the process of gathering and packaging that information in a visual, memorable and concise way. Through a schoolwide process, these maps provide a common language that all students, teachers and school personnel can use, apply across all subjects and levels from K-12 through adulthood and lead to meaningful, memorable, and focused learning.

If you would like more information on bringing Thinking Maps to your school, please contact Judy Pomeroy, Staff Development Director or Dr. Sarah Lee, Special Education Director.

| Questions from Texts, Teachers and Tests | Thinking Processes | Thinking Maps as Tools |
|---|----------------------------------|------------------------|
| How are you defining this thing or idea? What is the context? What is your frame of reference? | DEFINING IN CONTEXT | Circle Map |
| How are you describing this thing? Which adjectives would best describe this thing? | DESCRIBING QUALITIES | Bubble Map |
| What are the similar and different qualities of these things? Which qualities do you value most? Why? | COMPARING and CONTRASTING | Double Bubble Map |
| What are the main ideas, supporting ideas, and details in this information? | CLASSIFYING | Tree Map |
| What are the component parts and subparts of this whole physical object? | PART-WHOLE | Brace Map |
| What happened? What is the sequence of events? What are the substages? | SEQUENCING | Flow Map |
| What are the causes and effects of this event? What might happen next? | CAUSE and EFFECT | Multi-Flow Map |
| What is the analogy being used? What is the guiding metaphor? | SEEING ANALOGIES | Bridge Map |

TIME is money.

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David Warvel
RESA 4 Executive Director

WVEIS NEWS

As we approach the time for reports to be submitted to the state, it is important to keep your data clean. If this is a responsibility that you typically manage, you need to access STU.EDT in the WVR600 menu to verify that your data is in the best shape possible. If you need access to, or help with, this item contact your WVEIS County Contact or RESA WVEIS contacts Karen Turner or Nichole Workman for assistance.

The WVEIS Data Collection calendar may be found at the following link: <http://wveis.k12.wv.us/wveis2004/calendar.htm>. There are links within the calendar to directions for those responsible for the submission of data.

WVEIS Staff – Karen Turner, ext. 215 & Nicole Workman, ext. 214 – 800-251-7372



21st CCLC Summer Fun

Over the summer, Ansted Elementary School students had the opportunity to participate in a summer BLAST (Building Learning After School Hours) fitness camp. Math, reading, technology, and crafts were all centered around being increasingly active. Students used pedometers during their daily activities and field trips to record and chart their individual and team steps towards reaching their goals. They also worked on their fitness while taking field trips to a skating rink, bowling alley, and ACE Adventure Resort. The culmination of their week was the trip to ACE Adventures where they presented brochures they had created throughout their classes during the week for ACE and had a wonderful time at the waterpark.



Green Bank Elementary/Middle School held a five week summer SPLASH (Supporting Personalized Learning After School Hours) literacy/STEAM camp in June and July. Students participated in many science and art activities connected to their literature. Volunteers and parents participated through having read aloud time with the students and participating in family style meals. Through Skype, students were also able to benefit from having Kirstin Smaltz, a worker from NASA, speak with them. This camp was a great opportunity for these children to increase their reading skills and/or prevent any summer slide that may have occurred.



Special Education Directors in Braxton and Greenbrier Counties retired at the conclusion of the 2015-2016 school year. Both **Judy Shafer** and **Chris Sienkiewicz** spent decades serving the students in these counties. While their expertise will certainly be missed with all the important things they took care of on a day to day basis, we wish them many enjoyable days of taking care of new important things.

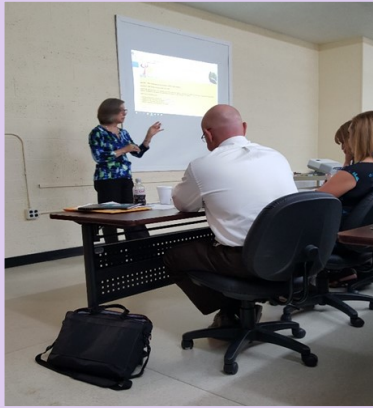


RESA 4 Graduation 20/20 schools are gearing up for another year dedicated to fostering student success and increasing graduation rates. As teams at each school meet, they will be reviewing work from last year and planning for the upcoming year. This will be an exciting time as school teams move forward and incorporate transition planning into last year's work.

Contact Rena Robinson for more information.

Office of Education Performance Audits (OEPA)

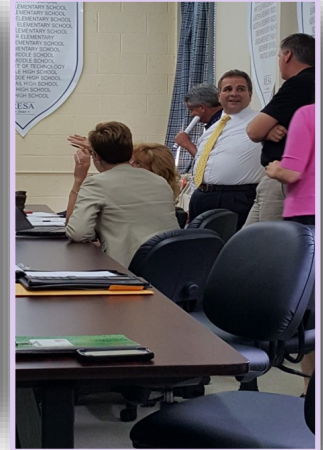
Dr. Susan O'Brien, Director of OEPA, was at RESA 4 on August 4 to teach Central Office and RESA 4 Staff about the monitoring tool that will be used to support improvement. She was able to answer any questions to help aid schools with the guidance document that will be used by counties and the eight RESAs. After Dr. O'Brien spoke with the group, counties had time to work with their teams to start planning based on the information shared.



Dr. Susan O'Brien,
Director of OEPA,
talking with RESA 4
counties and staff about the
OEPA monitoring process.



Nicholas County central office staff working
together after Dr. O'Brien's presentation.



Greenbrier County working
together after hearing
Dr. O'Brien's presentation.



CPI Training Dates Announced

Full day and refresher trainings are tentatively scheduled to be held at RESA 4 on the following dates at 9:00 am.

Tuesday, October 18 2016
Tuesday, January 10, 2017
Tuesday, March 14, 2017
Tuesday, May 23, 2017

Please register by contacting
Paula Hamilton at
304-872-6440 ext. 213 or
pdhamilt@k12.wv.us



RESA 4 Substitute Teacher Training Program

Would you like to be a substitute teacher? RESA 4 offers monthly online classes and testing.

If you have any questions about the RESA 4 Substitute Teacher Training program, please feel free to contact:

Sherri Sparks-Francisco
304-872-6440, ext. 201

***Child and Adult
Care Food Program—CACFP***

Contact Vickie Johnson
CACFP Coordinator
304-872-6440, ext. 211

The Child and Adult Care Food Program has had an exceptionally busy summer with annual re-enrollment of providers and two statewide trainings as well as an audit of our program.

The following were conducted by the WVDE Office of Child Nutrition:

- On June 22 the CACFP State sponsors met at RESA 4 to receive our annual training.
- On July 27, 28 MinuteMenu trainers provided program updates, which included information on new operating procedures online for our web provider, called KidKare. Please see picture to the right for the attendees.
- On August 18 the biennial audit of our program was conducted.

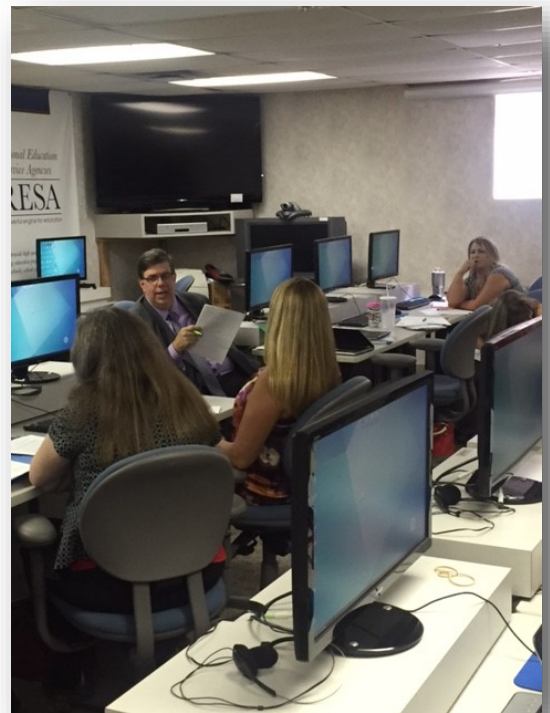


MEDICAID UPDATE

It's once again the start of a new school year with many challenges ahead. Schools have had to adjust to changes due to the flooding in the many areas that it affected, but I've seen a lot of positive attitudes from teachers making the best of their situations. The new school year will be very interesting without a doubt.

Medicaid is in full swing with the counties turning in their billing, and we are getting reimbursement monies for their services. After the many changes to the Medicaid program, things seem to be running more smoothly. We have a few trainings coming up for the finger printing/background checks as well as a Medicaid meeting with the State Department and Molina Medicaid coming up as well. We are pretty excited about having some new contacts at Molina and they seem really interested in helping us get several school based issues worked out. I'm looking forward to a successful new school year and wish everyone the best as we all work together to make this a great year.

Misty Carpenter
Medicaid Specialist



State Medicaid Specialists Training with Terry Riley and representatives from Molina on August 25 at RESA 6 in Wheeling.

RESA 4 Substitute Bus Operator Class featuring Nicholas County students engaged in classroom online modules and CPR instruction.



Steven Herndon, Nicholas County trainer, recently conducted a school bus operator class with assistance from **Terry McGuire**, Fayette County trainer, with nine students participating. Classes were also successfully completed in Fayette, Greenbrier, Pocahontas and Webster counties with new classes starting soon.

If you would like any information about our program, please contact Paula Hamilton at 304.872.6440 ext. 213 or email her at pdhamilt@k12.wv.us.

REGIONAL SCHOOL WELLNESS

On Tuesday, August 9th, RESA 4 Regional Wellness teamed up with Josh Grant, our WVDE Coordinator in the Office of Middle/Secondary Learning for Health and Physical Education, to provide trainings on HEAP (Health Education Assessment Project) and FitnessGRAM (a student fitness report card). This training was open to any Physical Education or Health teacher in West Virginia. We also discussed MVPA, moderate to vigorous physical activity, in Physical Education along with Academic Integration in the Physical Education setting. This training was held at Braxton County Middle School.



Wednesday, August 10th, we traveled to Pocahontas County to train classroom teachers and administrators on physical activity in the classroom. During this training, participants were given beneficial resources to incorporate more physical activity in the school day and innovative ways to incorporate physical activity into the academic setting. Studies consistently show that students who get more physical activity perform better academically and have fewer behavior issues in school.

RESA 4 Regional Wellness encourages all teachers to consider incorporating physical activity into their classroom whenever possible. It has been well documented that physical activity reduces the risk of many adverse health outcomes and major research findings compiled by the U.S. Department of Health and Human Services (HHS) state that some physical activity is better than none. The national recommendations for physical activity for school age children is a minimum of 60 minutes each day (USDHHS, 2008). Ways that schools can assist children in acquiring 60 minutes a day of physical activity include:

- Physical activity opportunities for students throughout the school day (recess, activity breaks in the classroom, lunchtime activity options, and movement in-between classes)
- Physical activity opportunities for students before and after school
- Staff involvement in the physical activity opportunities
- Family and community involvement and support of physical activity in the schools.



Department of Technology

The Technology Department at RESA 4 has had a very busy summer. The department has worked to help get Nicholas County schools back up and going after the recent flood damage. Computers and other equipment have been moved to their new locations and network drops have been installed at the new school sites. The staff has also worked in Fayette County installing printers and in Greenbrier installing new routers at two schools.



Please contact **Aaron Williams** at 304-872-6440 ext. 202 or alwillia@k12.wv.us with any questions or requests.

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RESA 4 Regional Council

Braxton County

*David Dilly, Superintendent
Jill Cooper, Board Representative*

Webster County

*Scott Cochran, Superintendent
Harold Carpenter, Board Representative*

Fayette County

*Terry George, Superintendent
Steve Slockett, Board Representative*

WV Dept. of Education

Randall Kirk, Chief Technology Officer

Greenbrier County

*Jeff Bryant, Superintendent
Bob Toothman, Board Representative*

Higher Education

Dr. Louis Watts, Marshall University

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*Dr. Donna Burge-Tetrick, Superintendent
A. J. Rogers, Board Representative*

WV Board of Education

Thomas Campbell

Pocahontas County

*Terrence Beam, Superintendent
Jessica Hefner, Board Representative*

RESA 4

*David Warvel, Executive Director
West Virginia Board of Education*

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Help Desk Lines

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ext. 214 and 215

Substitute Calling System

304.872.6440,
ext. 202 and 213
(available from 6:00 am
until 2:00 pm)